Heritage Hills Middle School Football

Heritage Hills Middle School - P.O. Box 1777, Hwy 162 West - Lincoln City, IN 47552

May 20th, 2017

Dear Middle School Football Parents and Players,

This letter is to inform you that middle school football practice will be starting Monday, July 31th, 2017 at 4:00- 6:30 PM. Before you can practice you must have a physical and pick-up your equipment. Physical forms, insurance-accident coverage forms and concussion policy forms can be picked up at the Heritage Hills' middle school or high school office. You must completely fill out the three forms before equipment will be issued. The physical form must have parent's signature, athlete's signature, and the section on insurance checked and signed by parents, as well as, the section the doctor fills out.

IHSAA physical exams for Heritage Hills High School and Middle School athletes must be completed before any practices.

Equipment will be issued July 26 th, as long as you turn in completed physical, insurance-accident coverage forms, and concussion policy forms first. We will start with a short meeting with parents and players in the high school auditorium or cafeteria followed by equipment pass out. The 8th grade football meeting and equipment pass out will start at 5:30 PM. The 7th grade football meeting and equipment pass out will start at 7:00 PM.

The first practice, July 31th at 4:00 PM, will consist of flexibility exercises, fundamentals of offense and defense, the offensive set we will use this season and weight training. You should bring all issued equipment, shorts, athletic supporter, socks, towel, soap, football shoes and a water jug to your first practice. The first practice will be in helmet, t-shirt, shorts, and football shoes.

Games are always on Thursdays. You can watch our Facebook page for updates throughout the season, *Heritage Hills Middle School Football* or the Quarterback Facebook page.

This year since the high school is under constructions we will have to be entering through door between the white gym and pool door number 13. That will also be the location they will get picked up and dropped off this year.

I hope you are looking forward to this year's football season. I am certainly looking forward to watching you play. I hope you come in with a good attitude and are willing to work at making this a successful football season. Best of luck in school and in football this year, work hard at both.

Yours in Football,

Todd Grundhoefer

P.S. If you have any questions or problems, please, feel free to call me at 812-449-5913

"Always in the pursuit of excellence!"

Heritage Hills Middle/High School

2017 - 2018 Football (Boys MS)

Date	Event	Start Time	Location	
Thu Aug 17	Boonville	5:30 PM	Boonville	Away
Thu Aug 24	Southridge	5:30 PM	Heritage Hills MS	Home
Thu Aug 31	Jasper	5:30 PM	Jasper	Away
Thu Sep 07	North Posey	5:30 PM	Heritage Hills MS	Home
Thu Sep 14	Pike Central	5:30 PM	Pike Central	Away
Thu Sep 28	South Spencer	5:30 PM	South Spencer	Away
Thu Oct 05	Tell City	6:00 PM	Tell City	Away
Thu Oct 12	Gibson Southern	6:00 PM	Heritage Hills MS	Home